IDDSI Testing: **LIQUID Mapping Worksheet**

### Testing Information

<table>
<thead>
<tr>
<th>Date:</th>
<th>Time Started:</th>
<th>AM/PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>____________________</td>
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<table>
<thead>
<tr>
<th>Team:</th>
<th>Serving Temperature:</th>
<th>°F</th>
</tr>
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<tbody>
<tr>
<td>____________________</td>
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**LIQUID ITEM:**

### A. IDDSI Liquid Appearance

**Directions:** Check the applicable characteristic(s) of the liquid item being tested.

**Does this sample:**

- Have an irregular texture (i.e. not smooth)? [ ]
- Contain bits (e.g. lumps, fibers, bits of shell or skin, husk, particles of gristle or bone)? [ ]
- Have a sticky texture? [ ]

**If any characteristic was checked, can sieving or further food processing ensure that the liquid is smooth without lumps or bits? Do not classify and proceed to Section F; provide answer and note results in the Comments Section.**

**If no characteristics were checked, proceed to the next section.**

### B. IDDSI Flow Test

**Directions:** Follow the Flow Test as described in IDDSI Framework Testing Methods (pg. 5).

**Amount Left in Syringe after 10 seconds:** _____ mL

Based on amount left on the syringe, check one of the following:

- "Thin" Level 0 (<1 mL left) [ ]
- "Slightly Thick" Level 1 (1-4 mL left) [ ]
- "Mildly Thick" Level 2 (4-8 mL left) [ ]
- "Moderately Thick" Level 3 (>8 mL left) [ ]
- "Extremely Thick" Level 4 (No flow/drip or less than 2 drops) [ ]

**For liquids classified as Thin, Slightly Thick, Mildly Thick (Level 0-2), proceed to Section E and classify the liquid accordingly.**

**For liquids classified as Moderately Thick (Level 3) or Extremely Thick (Level 4), proceed to Sections C and D.**

### C. IDDSI Fork Drip Test

**Directions:** Follow the Fork Drip Test described in the IDDSI Framework Testing Methods (pg. 6). Check the sample against the criteria for the level determined in Section B. Food item must meet the criteria for any row marked with an asterisk (*).

<table>
<thead>
<tr>
<th>Level</th>
<th>Criteria</th>
</tr>
</thead>
</table>
| 3     | *Drips slowly in dollops through the prongs of a fork [ ]
| 3     | *Tines/Prongs of a fork do not leave a clear pattern on the surface [ ]
| 3     | Spreads out if spilled onto a flat surface [ ]

**Does this item pass the Fork Drip Test for Level 3?**

- Yes [ ]
- No [ ]

**Proceed to Section D (Spoon Tilt Test) to check against the criteria for Level 3.**

<table>
<thead>
<tr>
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</table>
| 4     | *Food sample sits in a mound/pile above the fork (a small amount may form a tail below the fork) [ ]
| 4     | *Does not flow or continuously flow through the prongs of a fork [ ]

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D. IDDSI Spoon Tilt Test

**Directions:** Follow the Spoon Tilt Test described in the IDDSI Framework Testing Methods (pg. 7). Check the sample against the criteria for the level determined in Section B. Food item must meet the criteria for any row marked with an asterisk (*).

<table>
<thead>
<tr>
<th>Level</th>
<th>Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>*Easily pours from spoon when tilted; does not stick to spoon</td>
</tr>
</tbody>
</table>

If this item passed all tests (Fork Drip and Spoon Tilt), **proceed to Section E to classify liquid as Level 3 – Moderately Thick.**

If this item did not pass all tests, do not classify and note results in Comments Section.

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<thead>
<tr>
<th>Level</th>
<th>Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>*Cohesive enough to hold its shape on the spoon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level</th>
<th>Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>*Food slides off spoon with little food left on spoon (i.e. not sticky)</td>
</tr>
</tbody>
</table>

If this item passed all tests (Fork Drip and Spoon Tilt), **proceed to Section E to classify liquid as Level 4 – Extremely Thick.**

If this item did not pass all tests, do not classify and note results in Comments Section.

E. DDSI Food Texture Classification

Based on the above sections, this item is classified as:

**Time Finished:**

__________ AM/PM

Comments/Concerns Encountered During Testing: