INTRODUCTION

• The International Dysphagia Diet Standardisation Initiative (IDDSI) has developed a framework with new terminology and definitions for texture modified foods and thickened liquids for people with dysphagia (swallowing difficulties) (Figure 1).

Figure 1: IDDSI Framework

![IDDSI Framework](https://example.com/iddsi-framework.jpg)

- Foods
- Regular
- Regular
- Soft & Bite-Sized
- Pureed
- Liquidised
- Moderately Thick
- Mildly Thick
- Slightly Thick
- Thin

DRINKS

1. COMMUNITY SETTING

• The aim is for all UK manufacturers and health care settings to be fully IDDSI compliant by April 2019.

2. HEAD OF SPEECH AND LANGUAGE THERAPY

Mary Harrington

PARTNERSHIP APPROACH TO IDDSI IMPLEMENTATION: THE HULL AND EAST YORKSHIRE HOSPITALS NHS TRUST AND CITY HEALTH CARE PARTNERSHIP CIC EXPERIENCE

3. QUALITY AND SAFETY BULLETIN

To ensure the safety of patients transitioning from stages to IDDSI levels, letters detailed how patients taking stage 1 were also safe on IDDSI level 2. This suggested that patients taking stage 1 could be moved across to level 2 with a degree of confidence and that direct reassessment at this level was not required in order to safely transition.

4. TRAINING ACTIVES

Table 1, Summary of IDDSI training in acute and community settings

<table>
<thead>
<tr>
<th>Activity</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>IDDSI 101</td>
<td>56 weeks of HI and CH1 identified for training, based on Nutricia Clear usage. 223 healthcare professionals have been trained. 181 have successfully completed training.</td>
</tr>
<tr>
<td>SLT flow testing workshop with Nutricia</td>
<td>32 participants. 20 SLTs and 12 other healthcare professionals attended the event.</td>
</tr>
<tr>
<td>Swallowing Awareness Event</td>
<td>84 people attended, including 38 healthcare professionals.</td>
</tr>
<tr>
<td>Nutricia Nutilis IDDSI presentation</td>
<td>49 people attended, including 31 healthcare professionals.</td>
</tr>
</tbody>
</table>

5. CLINICAL CARE RECORDS SEARCH

A clinical care records search across approximately 1100 inpatient beds in HEY found only 26 acute patients were taking thickened fluids on the go live day.

6. LOOKING AHEAD

A safe swallowing information booklet is being developed to use across all local speech and language therapy services.

The next phase of IDDSI implementation is the rollout of food changes. In the acute setting, this took place on the 4th of September 2018.

7. CONTACT DETAILS

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8. PICTURES 2–3: SWALLOWING AWARENESS EVENT

Chie, Castle Hill Hospital, Hull, Hull Royal Infirmary.